

# GYM CARDIO EQUIPMENT UPGRADE

## Frequently Asked Questions

### What equipment is being replaced?

We're upgrading our entire cardio area with a full suite of brand-new Precor equipment, bringing you the latest in performance, comfort and training technology. This includes:

- More treadmills than ever before, increasing from 10 to 13 to reduce wait times and keep you moving.
- All new cross trainers, upright bikes and recumbent bikes, refreshed with smoother movement, upgraded consoles and improved connectivity.
- New stair climbers, delivering a more stable, reliable and powerful climbing experience.
- High-performance Wattbike Air Pros, perfect for interval training, conditioning and athletic performance.

### How long will the gym be affected?

The cardio equipment, pin-loaded machines and Recovery Zone will be unavailable from **7am Friday 29 May until 6am Monday 1 June**. The free weights and functional training areas will remain open during this time. Our Gym Instructors will be available throughout the upgrade to help you with alternative exercises and programming using the equipment that remains accessible.

### Will 24/7 access operate during this time?

No. 24/7 access will be unavailable from 6am Friday 29 May and will reopen from 9pm Monday 1 June.

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### Which Group Fitness classes are affected?

CONNECT30 will not run during the upgrade period. All other Group Fitness classes will continue as scheduled.

### Will there be any other impacts?

Yes. During installation:

- Access to the entrance, turnstiles, stairs and lift may be temporarily restricted.
- Staff will manage traffic flow to ensure safety.
- Please allow extra time when arriving for your workout, class or GOswim lesson.
- Sensory Hour will not run on Sunday 31 May due to noise disruption.
- The Drop Off Zone will be unavailable on Friday 29 May.

**If you have any further questions, please speak to our Guest Experience team or contact us via email at [yawa@belgravialeisure.com.au](mailto:yawa@belgravialeisure.com.au)**

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