

Public Holiday Information



Mornington
Peninsula Shire

Active

Cup Day Tuesday 3 November
8am – 4pm

Group Fitness Timetable

Aqua

8:15am Aqua HIIT

9:15am Aqua Deep

CONNECT30 – Gym Floor

10:00am C30 Functional

10:45am C30 BeActive Longer

Group Fitness Studio

9:30am Body Pump

10:40am Body Balance

Reformer Studio

9:15am Reformer Traditional

10:30am Reformer Traditional

There are no swimming lessons held on public holidays.